



# ALASKA ANCHORAGE

## 2018 GYMNASTICS

GoSeawolves.com

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### Seawolves hunt for league glory at MPSF Championships

THIS WEEK IN ALASKA ANCHORAGE GYMNASTICS ...

Sat., Mar. 24 — 4 pm ADT — Cadet West Gym — Colorado Springs, Colo.

#### 2018 Mountain Pacific Sports Federation Championships

(Air Force, UAA, UC Davis, Sacramento State, San Jose State, Seattle Pacific)



UC DAVIS



MEET HOMEPAGE: <http://www.goairforcefalcons.com/sports/w-gym/archive/030618aaq.html>

LIVE VIDEOSTREAM: <http://www.goairforcefalcons.com/videos/live.html>

LIVE STATS: <https://roadtonationals.com/results/schedule/meet/23405>

**MEET PREVIEW:** The 17th annual MPSF Women's Gymnastics Championships meet will be contested Saturday night at Cadet West Gymnasium at the U.S. Air Force Academy in Colorado Springs, Colo. ... this will mark UAA's 16th league meet since the Seawolves joined the MPSF in 2003 ... UAA has one league title to its credit, earned on the same floor at Air Force in 2009 ... UC Davis owns a league-high six titles, followed by Sacramento State (5), San Jose State (2), Seattle Pacific (2) and UAA (1) ... host Air Force is the lone program without an MPSF title to its credit.



**THE FIELD:** The 2018 MPSF Championships figure to be a tightly contested competition ... San Jose State won the 2017 title, dethroning 2016 winner, Sacramento State ... the Seawolves sport a season-high score of 191.950 and are 71st in the overall NCAA rankings with a regional qualifying score (RQS) of 190.180 ... joining UAA on Saturday will be 46th-ranked UC Davis (high of 196.350, RQS 195.010), No. 50 San Jose State (195.050, 194.655), No. 52 Sacramento State (195.400, 194.475), No. 57 Air Force (194.500, 194.100) and No. 65 Seattle Pacific (193.225, 192.045).

### 2018 UAA Schedule

#### JANUARY

12	CORTLAND	W, 188.825
14	CORTLAND	W, 190.975
19	at Lindenwood (w/ Centenary)	2nd, 188.300
21	at Illinois State	L, 186.150

#### FEBRUARY

3	SEAWOLF INVITE (UAA, Air Force, Sac State)	3rd, 190.125
9	at Centenary	W, 188.500
11	at Centenary	W, 189.050
23	at SPU (w/ Sac St)	3rd, 191.950

#### MARCH

9	at Sac State Invite (UAA, Cal, Minnesota, Sac St.)	4th, 191.925
24	at MPSF Championships^	4 pm

#### APRIL

7	at NCAA Regionals*	2 pm
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^Colorado Springs, Colo. / \*Salt Lake City, Utah  
Home meets in ALL CAPS at Alaska Airlines Center

@UAAGymnastics  
@UAASeawolves

### 2018 Seawolf Gymnastics Roster

Name	Ht.	Cl.-Exp	Hometown (High School/Club Team)	PRONUNCIATION GUIDE
Kierra Abraham	5-2	Jr.-2V	Reistertown, Md. (Western School of Technology/United Gymnastix)	kee-AIR-uh
Tere Alonso	5-1	So.-1V	Virginia Beach, Va. (Homeschool/Excalibur Gymnastics)	like 'Terry'
Madeleine Arbuckle	5-4	Sr.-3V	Winnipeg, Manitoba (Vincent Massey Collegiate/Springers GC)	
Kendra Daniels	5-3	Sr.-3V	Veneta, Ore. (Elmira HS/Gymnastics Northwest)	
Isabelle Fox	5-1	Fr.-HS	Houston, Texas (Memorial HS/Flips Gymnastics)	
Kennedy Green	5-4	So.-1V	Highlands Ranch, Colo. (Mountain Vista HS/Adrenaline Gym. Acad.)	
Sophia Hyderally	5-0	So.-1V	Daphne, Ala. (Bayside Academy/Planet Gymnastics)	HIGH-der-alley
Louisa Marie Knapp	5-5	So.-1V	Rellingen, Germany (Albrecht-Thaer Gymnasium [HS])	k'NOPP (hard 'k')
Kaylin Mancari	5-7	Jr.-2V	High Point, N.C. (High Point Central HS/High Point Gym. Academy)	MAN-kare-ee
Mackenzie Miller	5-7	So.-1V	Waterford, Mich. (Clarkston HS/Oakland Gymnastics)	
Hope Nelson	5-3	Fr.-HS	Newport News, Va. (Menchville HS/World Class Gymnastics)	
Michaela Phillips	5-1	Fr.-HS	Homedale, Idaho (Skyview HS/Wings Center)	mih-KAY-luh
Sofie Riley	5-4	So.-1V	Boise, Idaho (Timberline HS/Bronco Elite Gymnastics)	
Morgan Ross	5-3	Sr.-3V	Reno, Nev. (Reno HS/Flips USA Gymnastics)	
Isabella Scalapino	5-4	Fr.-HS	Cedar Park, Texas (Leander HS/AcroTex Gymnastics)	scal-a-PEE-no (scal rhymes w/ 'pal')

**HEAD COACH:** Tanya Ho (UC Davis, '10), 1st year / **ASSISTANT COACH:** Alina Cartwright (Michigan State, '16), 2nd year

(for full bios, visit [GoSeawolves.com](http://GoSeawolves.com))

**MPSF CHAMPIONSHIPS HISTORY ...**

Year	UAA Pl.	Score	Team Champ	UAA indiv. champ(s)
2002	N/A (5)	N/A	Sac St.	N/A
2003	6th (6)	187.300	Sac St.	None
2004	4th (6)	193.750	San Jose St.	None
2005	6th (6)	189.275	Sac St.	Ingram-V-t
2006	3rd (4)	190.950	Seattle Pac.	Portlock-AA/V/FX-t Agostino-FX-t
2007	3rd (4)	187.850	Seattle Pac.	None
2008	3rd (4)	192.825	UC Davis	Fullerton-FX-tie
2009	1st (4)	192.825	UAA	Boswell-UB Agostino-V-t
2010	4th (4)	190.725	UC Davis	None
2011	4th (4)	190.475	UC Davis	Fullerton-FX
2012	4th (4)	188.300	UC Davis	None
2013	4th (4)	191.850	UC Davis	None
2014	6th (6)	192.200	Sac St.	None
2015	4th (6)	193.700	UC Davis	Matsunami-UB
2016	5th (6)	192.850	Sac St.	None
2017	6th (6)	191.750	San Jose St.	Hyderally-BB-tie

**LAST TIME OUT:** Freshman **Isabelle Fox** scored a 38.575 all-around and senior **Kendra Daniels** highlighted a season-best team performance on floor exercise as UAA scored 191.925 points at the Sacramento State Invitational at the Hornets' Nest on Mar. 9 ... the Seawolves missed their 2018 season high by just 0.025 as they finished behind No. 20 California (196.650), Minnesota (196.475) and host Sacramento State (195.175) in the team competition ... Fox led the Seawolves with a 9.675 on vault and a 9.7 on balance beam, while her 9.775 on floor was 3rd-best on the squad ... Daniels (9.85), sophomore **Kennedy Green** (9.65) and junior **Kaylin Mancari** (9.8) all posted career highs on floor, with Daniels tying for the 17th-best score in program history and UAA's second-best this year ... sophomore **Mackenzie Miller** had a 9.75 and freshman **Michaela Phillips** tallied 9.675 as UAA's 48.850 floor total ranked 5th-best in program history and set a season high for the second straight meet ... freshman **Hope Nelson** tied her career high on bars with a 9.75 to lead the way for UAA on that apparatus, and Miller scored a 9.725 ... sophomore **Sophia Hyderally** also made her season debut in a return from injury, earning a 9.625 on bars ... Daniels had a 9.625 and Mancari and senior **Madeleine Arbuckle** had 9.55s to complement Fox on beam, while Miller earned a career-high 9.525 on vault.



**Mancari**



**Green**

**2017 MPSF RECAP:** Then-freshman **Sophia Hyderally** tied for the individual title on balance beam with a school-record 9.925 to highlight her team's evening at the 16th annual MPSF Championships last year in San Jose ... the Seawolves finished sixth with 191.750 points despite posting the second-best balance beam score in program history at 48.700 ... host SJSU edged defending champion UCD for the overall team title, 195.925 to 195.525 ... thirteen days after scoring a program-record 48.950 on beam in their home finale, the Seawolves made history again thanks to Hyderally, a 9.825 from **Kendra Daniels** and a 9.650 from **Kaylin Mancari** ... Daniels had previously broken the individual beam record on Feb. 19 with a 9.9 at UC Davis ... with her effort, Hyderally joined all-time Seawolf greats Elena Tkacheva (1994-97) and Dominique Ingram (2003-05) as the only



**Hyderally**

**Seawolves 2018 Meet-by-Meet**

Meet	Vault	Bars	Beam	Floor	Total
1/12 CORTLAND	47.275	46.750	48.350	46.450	188.825
1/14 CORTLAND	47.600	<b>47.750</b>	48.025	47.600	190.975
1/19 @LU	47.500	46.350	46.900	47.550	188.300
1/21 @Illinois St	47.550	45.100	46.175	47.325	186.150
2/03 SEAWOLF IN.	48.025	46.850	47.400	47.850	190.125
2/09 @Cent.	<b>48.075</b>	46.050	47.400	46.975	188.500
2/11 @Cent.	47.050	45.950	48.175	47.875	189.050
2/23 @SPU	47.750	47.650	<b>48.425</b>	48.125	<b>191.950</b>
3/09 @Sac St	47.850	47.325	47.900	<b>48.850</b>	191.925
3/24 @MPSF					
<b>Averages</b>	<b>47.631</b>	<b>46.642</b>	<b>47.639</b>	<b>47.622</b>	<b>189.533</b>

**2018 Individual Season Highs**

V — 9.7, Isabelle Fox at Seawolf Invitational, Feb. 3  
 UB — 9.825, Mackenzie Miller vs Cortland, Jan. 14  
 BB — 9.875, Kendra Daniels at Seawolf Invitational, Feb. 3  
 FX — 9.875, Isabelle Fox at Seawolf Invitational, Feb. 3  
 AA — 38.725, Isabelle Fox vs Cortland, Jan. 14

**Career-Best Scores by Gymnast**

Gymnast	V	UB	BB	FX	AA
Abraham	9.775	9.3	9.45	9.625	---
Alonso	9.3	9.425	9.7	9.35	---
Arbuckle	9.7	9.7	9.7	9.775	38.350
Daniels	9.65	---	9.9	<b>9.85</b>	---
Fox	9.7	9.675	9.775	9.875	38.725
Green	9.675	9.275	---	<b>9.65</b>	---
Hyderally	---	9.45	9.925	---	---
Knapp	---	9.375	---	---	---
Mancari	9.5	9.325	9.8	<b>9.8</b>	---
Miller	<b>9.525</b>	9.825	9.75	9.775	38.200
Nelson	---	<b>9.75</b>	9.8	8.675	---
Phillips	---	9.1	9.75	9.7	---
Scalapino	9.65	---	---	---	---
Riley	---	9.625	---	---	---
Ross	9.75	9.425	9.675	9.875	38.325

**Bold indicates mark was set in previous meet**

Complete stats & bios at [GoSeawolves.com](http://GoSeawolves.com)

**2018 Individual Honors**

**Isabelle Fox**  
 MPSF Freshman of the Week, Jan. 9-15

gymnasts in program history to record at least a 9.925 on any apparatus ... she also became just the ninth Seawolf to earn an individual MPSF title and the first to do it on balance beam ... senior Kallie Randolph led the way on floor with a 9.725, while **Mackenzie Miller** posted a team-best 9.675 on uneven bars.

**TEAM NOTES:** The Seawolves' 48.850 floor total at Sacramento State ranked 5th-best in program history ... UAA's season-high 48.425 on beam at SPU on Feb. 23 ranked 11th in program history, while the 48.350 vs. Cortland on Jan. 12 tied for 18th-best ... UAA's season-high 191.950 at SPU is tied for 26th on the program's overall list ... with the hiring of Tanya Ho last spring, UAA doubled the number of coaches in its gymnastics history, as program founder Paul Stoklos had led the Seawolves since 1985.

**GYMNAST NOTES:** Senior **Kendra Daniels** won balance beam in four straight meets from Jan. 21-Feb. 11, including her UAA season-high 9.875 performance at the Seawolf Invitational, which ranked No. 3 on the program's all-time list ... Daniels has nine career event victories to now rank No. 9 on the program list since UAA moved to Div. I in 2004 ... Daniels became just the fifth Seawolf gymnast to reach the 9.9 plateau with her then-program-record beam routine at UC Davis last February, joining Dominique Ingram (9 times, 2004-05), Elena Tkacheva (5 times, 1996-97), Lauren Agostino (once, 2009) and M'rcy Matsunami (once, 2015) on that elite list ... Daniels has been one of the most consistent beam performers in program history on beam, with nine routines of 9.8 or better, including two this season ... an Oregon native, Daniels also has the Seawolves' top average on floor this year, with her 9.704 tying for No. 7 on UAA's single-season list ... freshman **Isabelle Fox** leads the Seawolves with eight event victories this season, marking the most for a UAA freshman since M'rcy Matsunami had 10 in 2013 ... Fox's all-around average of 38.392 and RQS of 38.525 rank 6th on UAA's respective program lists and rank 3rd- and 2nd-best for a freshman ... the Houston native also owns top-12 average and RQS mark on balance beam with current stats of 9.597 and 9.690 ... in addition to her team-best all-around average, Fox is producing UAA's 2nd- or 3rd-best average on each of the four apparatus ... sophomore **Mackenzie Miller** tied for the 7th-best bars score in program history with her 9.875 against Cortland on Jan. 14 ... Miller has UAA's



Daniels



Fox



Miller

2nd-best bars average at 9.594 – currently No. 13 on UAA's single-season list – and posted her career-best 38.200 all-around performance at Centenary on Feb. 9 ... freshman **Hope Nelson** sports UAA's top averages on bars (9.700) and beam (9.654), with those marks on pace for 2nd- and 4th-best in program history, respectively ... Nelson won both of her specialist events in her collegiate debut against Cortland, and she posted another win on bars at Centenary ... freshman **Isabella Scalapino** and junior **Kierra Abraham** have leant consistency to UAA's vault lineup, with Scalapino scoring between 9.475 and 9.65 on all seven of her efforts, and Abraham tallying between 9.5 and 9.625 in all nine meets ... the Seawolves are finishing the season with 11 healthy gymnasts, although senior **Madeleine Arbuckle** – last year's team MVP – and Hyderally have returned to action late in the campaign ... the Seawolves lost senior **Morgan Ross**, sophomore **Sophie Riley**, sophomore **Tere Alonso** and sophomore **Louisa Marie Knapp** to off-season surgeries or preseason injuries.



Nelson



Abraham





